



city mission

since 1902

cape town, south africa

changing lives · transforming generations

It's hard to believe that we are already through the first 3 months of 2019 ... so we're taking a moment to pause ... firstly just to say Thank You ... and secondly to update you on what's been happening here at City Mission.

So ... **THANK YOU!**

Thank you so much your continued support. We are exceedingly grateful for your investments into the work of City Mission. Whether it has been through financial donations, gifts in kind or sharing your valuable time through volunteering, prayers and support - **WE VALUE YOU** and every gift we receive. It enables us to continue the work we do on a daily basis, that transforms the lives of the individuals and communities we serve.

THANK YOU VERY MUCH!

And secondly

CITY MISSION STAFF ROCKS!



We had 3 'photographers', lots of wind & a ton of fun trying to take our photo ... & we still didn't manage to get it right.

These are such amazing people, committed and dedicated to the work that happens on the ground and we salute each one of them in the work they do that allows City Mission to continue being impactful after 117 years.

We've had a new addition to the family since, our new receptionist Carmelita, whose friendly voice you'll hear if you call our office. There has been quite a lot of activity heading towards the financial year end and our remarkable operational staff has its hands full in keeping this 'vehicle' running.

Our field workers are, as always amazing, constantly engaging clients and meeting people's needs in sometimes dangerous and very challenging environments and finding connections with 'unlikely' change agents in their communities.

Ref: OPS

JOURNEYS OF CHANGE -RIEDEWAAN'S STORY -

We love the stories of lives that have been impacted and changed through the engagements with City Mission.

This is the real evidence of what we do. It's not in the statistics that is so often required, or the flash of City Mission splashed across pages of media, or even about how well our PR and marketing strategies are or should be. For us, it is in seeing and experiencing the life changing moments of our clients, it's in listening to and being part of their journeys of change, it's in experiencing their stories, sometime the horrors, sadness and ultimately the joy's and victories they enjoy.

**This is what we want to share with you
and through your ongoing and valuable contributions,
this is what you are part of.**

Riedewaan* has one such story. Crime, guns, anger and resentment gave him a false sense of power, which landed him up in prison. But now putting pen to paper and an absolute reliance on the Word of God, has become an outlet and helps him towards a new reality.

[Click the link to Riedewaan's poems here.](#)

Ref: YD

**Note that details have been changed to protect anonymity.*



CHANGING LIVES ONE FOOD PACK AT A TIME

A few years ago some of you joined us in what was then the 'STOP HUNGER' campaign. Volunteers gathered to pack 10 368 meals that we distributed to needy families all across the Cape Flats and even up to the West Coast during the cold and winter season. **We're doing it again!**



This joint initiative taking place on **11 May 2019** with 'RISE AGAINST HUNGER' will help us secure **10 000 meal packs** to distribute to needy families this winter.

Each meal pack has dry ingredients to prepare a hearty cooked meal for 4 people. Compliant with UNICEF standards, the meal packs are highly nutritious and comprises of rice, soya, dehydrated vegetable mix and a fortification pack of 23 essential minerals and vitamins specifically formulated to combat malnutrition.

As part of the collaboration, Rise Against Hunger will generously sponsor all the ingredients for 5 000 packs. It will cost City Mission R14,500 to supply the cost of dry ingredients for the remainder 5 000 meal packs.

We need help to raise the balance.

Ref: RAH

Here's what you can do to secure 5 000 meal packs:



Make a financial donation towards the cost of dry ingredients. (Please use the reference code RAH for EFT's)



Help out on the day! We need about 70 volunteers to put together 10 000 meals. Email reception@citymission.org.za to volunteer or call Carmelita at our front desk. (details below)



Get your company and staff involved by sponsoring and hosting such event and if desired, distributing this to needy families and communities.

For Direct Deposits our Banking Details are:

**Account Name: CITY MISSION
Bank: FNB Branch: VINEYARD (204209)
Account #: 50150093835**

Your reference is very important to help us accurately allocate your donation, especially for Tax certificates we issue. All donations not clearly marked, can unfortunately NOT be received.

Please use your FULL NAME & SURNAME + the relevant ARTICLE REFERENCE *eg. Ref: OPS* as your donation reference.

