



WHO AM I? *LIFELINE WESTERN CAPE PRESENTS A PERSONAL GROWTH COURSE OFFERS WHICH A UNIQUE OPPORTUNITY TO DISCOVER ALL THE HIDDEN ASPECTS OF OURSELVES THAT GUIDE OUR THOUGHTS, FEELINGS AND BEHAVIOUR. WORKING IN SMALL GROUPS WITH TRAINED LIFELINE COUNSELLORS IN A SAFE, CONTAINED ENVIRONMENT, THIS 9 WEEK JOURNEY LEADS US TO A PLACE OF CLEAR UNDERSTANDING AND RENEWED SELF-ESTEEM. PERSONAL GROWTH IS A PREREQUISITE FOR THOSE WHO WISH TO PROCEED TO DO THE COUNSELLING SKILLS COURSE.*

PERSONAL GROWTH COURSE

2 MARCH – 4 MAY 2017
(THURSDAYS, WEEKLY)

MARCH 2, 2017

10.00 – 13.00

HOSTED BY CITY MISSION

73 BURNS ROAD, SALT RIVER, CAPE TOWN
021 486 7006

COURSE COSTS: **R 2450.00**

EARLY BIRD SPECIAL: **R2205.00** TO BE PAID IN FULL BY MONDAY, 27 FEBRUARY 2017

FOR MORE INFORMATION CONTACT: 021 461 1113

TRAINING@LIFELINEWC.ORG.ZA